



Yoga Term Dates Spring 2024



Mondays

Sketchley Hill

January 8 15 22 29

February 5 12 26

March 4 11 18



Tuesdays

Sketchley Hill

January 9 16 23 30

February 6 13 27

March 5 12 19



Wednesdays

Zoom Live Online

January 10 17 24 31

February 7 14 28

March 6 13 20



Thursdays

Sketchley Hill

January 11 18 25

February 1 8 15 29

March 7 14 21